

Yom Kippur Morning

5782

**Temple Sinai
of Palm Beach County**

*Rabbi Aviva Bass
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Temple Sinai 
of Palm Beach County

Mah Tov

Mah tovu, Mah tovu
ohalecha ya-akov,
mishk'notecha yisra-eil.

מה טוב

מה טוב; מה טוב
אהליך יעקב
משכנותיך ישראל.

Va-ani b'rov chasd'cha avo veitecha,
eshtachaveh el heichaol kodsh'cha
b'yiratecha.

Mah Tov ...

ואני ברב חסדך אבא ביתך
אשתחווה אל היכל קדשך
ביראתך.

Adonai ahavti m'on beitecha,
u'm'kom mishkan k'vodecha.
mishkan k'vodecha.
Va-ani eshtachaveh v'echra-ah,
evr'chah lifnei Adonai osi.
Mah Tov ...

יהוה אהבתי מעון ביתך
ומקום משכן כבודך.
משכן כבודך.
ואני אשתחווה ואכרעה
אברכה לפני יהוה עשי.

Va-ani t'filati l'cha Adonai, eit ratzon,
Elohim b'rov chasdecha,
Elohim b'rov chasdecha,
aneini be-emet yishecha.
Mah Tov ...

ואני תפילתי לך יהוה עת רצון
אלהים ברב חסדך
אלהים ברב חסדך
ענני באמת ישעך:

*How goodly are your tents, O Jacob, your dwelling-places, O Israel! In Your abundant lovingkindness
let me enter Your house, reverently to worship in Your holy temple. Adonai, I love Your house, the
place where Your glory dwells. I would worship with humility, I would seek blessing in the presence of
God, my Maker. To You, Adonai, does my prayer go forth. May this be a time of favor. In Your great
lovingkindness, God, answer me with Your saving truth.*

*In this circle of community, in this hour of striving for faith,
I believe in Your majesty, Your guiding presence within me.
To You I turn on this day of the spirit—seeking atonement,
longing to hear Your words: “I forgive.”*

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ.

Blessed is God’s glorious majesty. Baruch shem k’vod malchuto.

*Holy One of Might—Your towering strength reaches from heaven’s
heights to the human heart.*

*Holy One of Mercy—Your forgiveness is profound; it embraces all
who turn to You.*

*Holy One of Torah—the secrets You impart are radiant; they reach Your
people, Your cherished ones.*

Blessed is God’s glorious majesty.

*Holy One of the Heart—You forgive us in our weakness; You pardon
us in our fear.*

*Holy One of Strength—we praise Your powers, the wonders of
creation and redemption.*

*Holy One of Remembrance—You remember us with love, taking
delight when we search our souls.*

Blessed is God’s glorious majesty.

*Holy One of the Spirit—You accept our fast of repentance, and
breathe into us purity and goodness.*

*Holy One of Conscience—You remove our wrongs, and reveal the
way of righteousness.*

*Holy One of Existence—Your light is the glory of creation; Your
Mercy endures forever.*

Blessed is God’s glorious majesty. Baruch shem k’vod malchuto.

*In this circle of community, in this hour of striving for faith,
I believe in Your majesty, Your guiding presence within me.
To You I turn on this day of the spirit—seeking atonement,
longing to hear Your words: “I forgive.”*

Hamelech yosheiv al kisei ram v'nisa.

הַמֶּלֶךְ יוֹשֵׁב עַל כִּסֵּא רָם וְנִשָּׂא.

The Ruler, enthroned upon a supreme throne.

Shochein ad, marom v'kadosh sh'mo.
V'chatuv, ran'nu tzadikim b'Adonai, laysharim
navah t'hilah.

שׁוֹכֵן עַד מְרוֹם וְקָדוֹשׁ שְׁמוֹ.
וְכָתוּב: רָנְנוּ צַדִּיקִים בִּיהוָה.
לְיִשְׂרָאֵל נְאֻנָּה תְהִלָּה.

God abides forever, the High and Holy One. As it is written: Righteous ones sing to Adonai; it is fitting that the upright praise God.

B'fi y'sharim titromam,
uv'divrei tzadikim titbarach,
uv'ilshon chasidim titkadash,
uv'kerev k'doshim tithalal.

בְּפִי יִשְׂרָאֵל תִּתְרוֹמַם,
וּבְדִבְרֵי צַדִּיקִים תִּתְבָּרַךְ,
וּבִלְשׁוֹן חֲסִידִים, תִּתְקַדַּשׁ
וּבִקְרֵב קְדוֹשִׁים תִּתְהַלָּל.

In the mouths of the honest You are exalted In the words of the righteous You are blessed In the actions of the devotees You are sanctified In the midst of the holy You are praised.

Uv'makhalot rivvot am'cha beit yisra-eil,
b'rinah yitpa-ar shimcha malkeinu,
b'chol dor vador

וּבְמַקְהֵלוֹת רִבּוּת עַמְּךָ בֵּית יִשְׂרָאֵל,
בְּרִנָּה יִתְפָּאֵר שִׁמְךָ מַלְכֵנוּ,
בְּכָל דּוֹר וָדוֹר.

In every gathering of Your people, the House of Israel, Your name will be glorified with song, our Source, in every generation.

Chatzi Kaddish

חצי קדיש

Yitgadal v'yitkadash
sh'meih raba, Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ
שְׁמֵהּ רַבָּא. אָמֵן:

b'alma di v'ra chiruteih.
V'yamlich malchuteih
b'chayeichon uvyomeichon,
uvchayei d'chol beit Yisrael
baagala uvizman kariv;
v'imru: Amen.

בְּעָלְמָא דִּי בְּרָא כְרֵעֻתֵיהּ
וְיַמְלִיךְ מַלְכוּתֵיהּ
בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן
וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,
בְּעָגְלָא וּבְזִמְן קָרִיב,
וְאָמְרוּ: אָמֵן:

Y'hei sh'meih raba m'varach
l'alam ul'almei almaya.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ
לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:

Yitbarach
 Yitbarach v'yishtabach v'yitpaar
 v'yitromam v'yitnasei
 v'yit·hadar v'yitaleh v'yit·halal
 sh'meih d'kudsha — b'rich hu —

יִתְבָּרַךְ
 יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר
 וְיִתְרַומֵם וְיִתְנַשֵּׂא
 וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל
 שְׁמֵהּ דְּקֻדְשָׁא, בְּרִיךְ הוּא.

l'eila ul'eila mikol birchata
 v'shirata, tushb'chata v'nechemata
 daamiran b'alma; v'imru: Amen.

לְעֵלָא וּלְעֵלָא מִן כָּל בִּרְכָתָא
 וְשִׁירָתָא תְּשַׁבְּחָתָא וְנַחֲמָתָא,
 דְּאִמְרִין בְּעֵלְמָא. וְאִמְרוּ: אָמֵן:

Let the great name of God be extolled and sanctified. Let God's great name be hallowed in the world whose creation God willed. May God's Sovereignty soon prevail, in our own day, in our own lives, and in the life of all Israel, and let us say: Amen. Let God's great name be blessed forever and ever. Let the name of the Holy Blessed One be glorified, exalted and honored, though God is beyond all the praises, songs, and adorations that we can utter, and let us say: Amen

The Sh'ma and Its Blessings

שמע וברכותיה

Bar'chu

ברכו

Bar'chu et Adonai hamvorach.
 Baruch Adonai ham'vorach l'olam va-
 ed.

בְּרַכּוּ אֶת יְהוָה הַמְּבֹרָךְ.
 בָּרוּךְ יְהוָה הַמְּבֹרָךְ לְעוֹלָם וָעֶד.

Praise Adonai to whom our praise is due!
Praised be Adonai to whom our praise is due, now and forever!

Yotzer

יוצר

In love You bring light to the earth and its creatures;
 Your goodness renews the Creation each day.
 Infinite, varied, and rich are Your works, Divine Artist —
 all of them wrought with wisdom;
 the whole earth is teeming with life!
 Awe-struck by the universe, work of Your hands,

let all life bless You, praise You,
and celebrate the beauty of Your lights.

Or chadash al tziyon tair,
v'nizkeh chulanu m'heirah l'oro.

Baruch atah Adonai, yotzeir ham'orot.

אור חדש על ציון תאיר,
ונזכה כלנו מהרה לאורו.
ברוך אתה יהוה, יוצר המאורות.

*Let a new light shine on Zion, and may we soon be worthy to see it shining.
Blessed are You, Adonai, the Maker of light.*



Sh'ma/V'ahavta

שמע/ואהבת

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד

*Sh'ma Yisra-eil, Adonai Eloheinu Adonai Echad.
Baruch sheim k'vod malchuto l'olam va-ed.*

Hear, O Israel: Adonai is our God, Adonai is One:
Blessed be the name of God's glorious majesty forever and ever.

V'ahavta et Adonai elohecha
 b'chol l'vav'cha
 uv'chol naf'sh'cha uv'chol m'odecha.
 V'hayu had'varim ha'eileh asher anochi
 m'tzav'cha hayom al l'vavecha.
 V'shinantam l'vanecha v'dibarta bam
 b'shiv't'cha b'veitecha uv'lech't'cha vaderech
 uv'shoch'b'cha uv'kumecha. Uk'shartam
 l'ot al yadecha v'hayu l'totafot
 bein einecha. Uch'tav'tam al m'zuzot
 beitecha uvish'arecha.

וְאָהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ,
 בְּכָל לִבְבְּךָ,
 וּבְכָל נַפְשְׁךָ, וּבְכָל מַאֲדְךָ.
 וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֲנִי
 מְצַוְךָ הַיּוֹם, עַל לִבְבְּךָ.
 וְשִׁנַּנְתָּם לְבָנֶיךָ, וְדִבַּרְתָּ בָם,
 בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבְלֶכְתְּךָ בַּדֶּרֶךְ,
 וּבְשָׁכְבְּךָ, וּבְקוּמְךָ. וְקָשַׁרְתָּם
 לְאוֹת עַל יָדְךָ, וְהָיוּ לְטָטְפֹת
 בֵּין עֵינֶיךָ. וְכָתַבְתָּם עַל מְזוֹזֹת
 בֵּיתְךָ וּבִשְׁעָרֶיךָ.

You shall love Adonai your God with all your heart, with all your soul, and with all your might. Take to heart these instructions with which I charge you this day. Impress them upon your children. Recite them when you stay at home and when you are away, when you lie down and when you get up. Bind them as a sign on your hand and let them serve as a symbol on your forehead; inscribe them on the doorposts of your house and on your gates.

L'ma'an tizk'ru va'asitem et kol
 mitz'votai v'hiyitem k'doshim
 leiloheichem.
 Ani Adonai eloheichem
 asher hotzeiti et'chem me'eretz mitz'rayim
 lih'yot lachem leilohim.
 Ani Adonai eloheichem.

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת כָּל
 מִצְוֹתַי, וְהִייתֶם קְדוֹשִׁים
 לֵאלֹהֵיכֶם.
 אֲנִי יְיָ אֱלֹהֵיכֶם, אֲשֶׁר
 הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם,
 לִהְיוֹת לָכֶם לֵאלֹהִים,
 אֲנִי יְיָ אֱלֹהֵיכֶם.

Thus you shall remember to observe all My commandments and to be holy to your God. I am Adonai, your God, who brought you out of the land of Egypt to be your God: I am Adonai your God.

אֶמֶת וַיָּצִיב Emet v'yatziv
True and enduring
All else is fluid, impermanent, fleeting.

Unsteady, we falter; in chaos we cry.
In quest for some certainty, an anchor for trust.

צוּר חַיֵּינוּ, מָגֵן יִשְׁרָאֵל Tzur chayeinu, magein yisheinu
Rock of our lives, our Shield and Protector,
You are the constant, abiding through time.

The Rock, whose works speak of wholeness and justice;
You: the still center, fixed point where we stand.

From the ends of the earth, from the depths of despair,
We call, with the Psalmist, to our Fortress and Refuge:
“Lead me to the rock that is higher than I.”

Our Rock and Salvation,
Our shelter and strength;
Grounded in You, we shall never be shaken.

The towers of cities will crumble with age
And iron corrodes and decays into rust;

But the words and teachings that echo from Sinai
are true and enduring; forever they stand.



Mi Chamocha

מי כמכה

Mi chamochah ba-eilim Adonai,
mi kamochah nedar bakodesh,
nora t'hilot, oseih fele.

מי כמכה בְּאֵלִים יְהוָה,
מי כמכה נֶאֱדָר בְּקֹדֶשׁ,
נֹרָא תְהִלּוֹת עֹשֶׂה פֶּלֶא.

Shirah chadashah shib'chu g'ulim
l'shimcha al s'fat hayam,
yachad kulam hodu v'himlichu v'am'ru:

שִׁירָה חֲדָשָׁה שִׁבְּחוּ גְּאוּלִּים
לְשִׁמְךָ עַל שִׁפְתֵי הַיָּם,
יַחַד כָּלֶם הוֹדוּ וְהִמְלִיכוּ וְאָמְרוּ:

Adonai yimloch l'olam va-ed.

יְהוָה יִמְלֹךְ לְעֹלָם וָעֶד.

Who is like You, Eternal One, among the gods that are worshipped?
Who is like You, majestic in holiness, awesome in splendor, doing
wonders? On the edge of the sea, those saved sang a new song in
praise of You, all of them thanking You as their Ruler, saying:
Adonai will reign forever and ever!



Tzur yisra-eil,
kumah b'ezrat yisra-eil,
uf'deih chinumecha
y'hudah v'yisra-eil.
Go'aleinu Adonai tz'va-ot sh'mo,
k'dosh yisra-eil.

צוּר יִשְׂרָאֵל,
קוּמָה בְּעֶזְרַת יִשְׂרָאֵל,
וּפְדֵה כְּנָאֲמֶךָ
יְהוּדָה וְיִשְׂרָאֵל.
גְּאֲלֵנוּ יְהוָה צְבָאוֹת שְׁמוֹ,
קְדוֹשׁ יִשְׂרָאֵל.

Baruch atah Adonai ga-al yisra-eil.

בָּרוּךְ אַתָּה יְהוָה גְּאֹל יִשְׂרָאֵל.

O Rock of Israel, come to Israel's help. Fulfill Your promise of redemption
for Judah and Israel. Our Redeemer is the mighty Adonai, the Holy One of
Israel. Blessed are You, Adonai, Redeemer of Israel.

*In the depths of night, by the edge of the river,
Jacob was left alone.*

*In heartfelt longing, in the temple of God,
Channah uttered her prayer alone.*

*In the barren wilderness, in doubt and despair,
Elijah found God alone.*

*On the holiest day, in the Holy of Holies,
the High Priest entered alone.*

*We are bound to one another in myriad ways,
but each soul needs time to itself.*

*In solitude we meet the solitary One;
silence makes space for the still small voice.*

*For the Psalmist says: "Deep calls unto deep."
From the depths of our soul, we seek what is most profound.*



Adonai s'fatai tiftach
ufi yagid t'hilatecha.

אֲדֹנָי שְׁפֹתַי תִּפְתָּח
וּפִי יַגִּיד תְּהִלָּתְךָ:

Adonai, open up my lips, that my mouth may declare Your glory.

Avot v'Imahot

Baruch Atah Adonai
Eloheinu Veilohei avoteinu
v'imoteinu, Elohei Avraham,
Elohei Yitzchak, Veilohei Ya-akov.
Elohei Sarah, Elohei Rivkah,
Elohei Rachel ve-elohei Le'ah.
Ha-eil hagadol hagibor v'hanora,
Eil elyon, gomeil chasadim tovim,
v'koneih hakol,

אבות ואמהות

בָּרוּךְ אַתָּה יְהוָה
אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ
וְאִמּוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם,
אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב,
אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה,
אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה.
הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא,
אֵל עֲלִיּוֹן, גּוֹמֵל חֲסָדִים טוֹבִים,
וְקוֹנֵה הַכֹּל,

v'zocheir chasdei avot
ve-imahot, umeivi ge'ulah
livnei v'neihem,
l'ma-an sh'mo b'ahavah.

וְזָכַר חַסְדֵי אָבוֹת
וְאִמָּהוֹת, וּמִבִּיא גְאֻלָּה
לְבָנֵי בְנֵיהֶם,
לְמַעַן שְׁמוֹ בְּאַהֲבָה.

Zoch'reinu l'chayim,
melech chafeitz bachayim,
v'chot'veinu b'seifer hachayim,
l'ma-ancha elohim chayim.

זָכְרֵנוּ לְחַיִּים,
מֶלֶךְ חָפֵץ בַּחַיִּים,
וְכֹתֵבֵנוּ בְּסֵפֶר הַחַיִּים,
לְמַעַן אֱלֹהִים חַיִּים.

Melech ozeir umoshi-a umagein.
Baruch Atah Adonai,
magein Avraham ve-ezrat Sarah.

מֶלֶךְ עֹזֵר וּמוֹשִׁיעַ וּמָגֵן.
בָּרוּךְ אַתָּה יְהוָה,
מָגֵן אַבְרָהָם וְעֶזְרַת שָׂרָה.

Blessed are You, Adonai, our God and God of our ancestors: God of Abraham, God of Isaac, God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah, God great, mighty, and awesome God, God supreme. God who bestows lovingkindness. Creator of all. You remember the faithfulness of our ancestors, and in lovde bring redemption to their children's children for the sake of Your name. Remember us to life, the Ruler who delights in Life, and inscribe us in the book of life, for Your sake, living God You are our Ruler and our help, our savior and our shield. Blessed are You, Adonai, the Shield of Avraham and Sarah's Helper.

G'vurot

Atah gibor l'olam Adonai,
m'chayeih hakol [meitim] Atah,
rav l'hoshi-a
Morid . hatal
M'chalkeil chayim b'chesed,
m'chayeih hakol [meitim]
b'rachamim rabim,
someich nof'lim,
v'rofei cholim,
umatir asurim,
um'kayeim emunato
lisheinei afar,
Mi chamocha ba-al g'vurot
umi domeh lach,
melech meimit um'chayeh
umatzmi-ach y'shuah.

גבורות

אתה גבור לעולם אדני,
מחיה הכל [מתים] אתה,
רב להושיע
מוריד הטל
מכלכל חיים בחסד,
מחיה הכל [מתים]
ברחמים רבים,
סומך נופלים,
ורופא חולים,
ומתיר אסורים,
ומקים אמונתו
לישני עפר,
מי כמוך בעל גבורות
ומי דומה לך,
מלך ממת ומחיה
ומצמיח ישועה.

Your might, Adonai, is Eternal You give life to all. Great is Your power to save. With love You sustain the living, with great compassion give life to all. You support the falling and heal the sick; You bring freedom to the captive and keep faith with those who sleep in the dust. Who is like You, Master of Might? Who is comparable? Source of life and death, who causes salvation to blossom.

Mi chamocha av harachamim,
zocheir y'tzurav l'chayim
b'rachamim. V'ne-eman Atah
l'hachayot hakol [meitim].

מי כמוך אב הרחמים
זוכר יצוריו לחיים
ברחמים. ונאמן אתה
להחיות הכל [מתים].

Baruch Atah Adonai,
m'chayeih hakol (hameitim)

ברוך אתה יהוה,
מחיה הכל [המתים]

Who is like You, nurturing parent, who in compassion sustains the life of all creatures? You faithfully give life to all creatures. Blessed are You, Adonai, the Source of life([who gives the dead eternal life).

The Power Of This Day

An empty page
An open book
A day of ultimate questions

Will I still be here next year at this time
with the ones I love beside me?

What is in store for my family?
And what will become of my friends?

Who will have reason to celebrate?
Who will contend with grief?

New love, new babies, marriages deepening or breaking apart,
prosperity, struggle, reversals of fortune, illness, and health await us.

Who will be missing when we gather next?
Who will stand apart? Who will be estranged?
And who will have joined us, enriching our community?

On the edge of the unknown we tremble:
What lies ahead for us all?

An empty page
An open book
Nothing is written and nothing is sealed.

Flesh and blood, frail creatures,
our lives are fleeting and subject to chance.

Yet this we possess: the strength to persist,
to prevail, to comfort one another in the dark.

Prayer, right action, a turning toward the good—
These give us hope and help us bear the pain of life.

Un'taneh Tokef

Un'taneh tokef k'dushat hayom,
ki hu nora v'ayom:
uvo tinasei malchutecha,
v'yikon b'chesed kisecha,
v'teisheiv alav be-emet.

ונתנה תוקף

ונתנה תקף קדשת היום
כי הוא נורא ואים
ובו תנשא מלכותך
ויבון בחדסך בסאך
ותשב עליו באמת.

Let us proclaim the power of this day — a day whose holiness awakens
deepest awe and inspires highest praise for Your dominion, for Your throne is
a throne of love; Your reign is a reign of truth.

Who By Fire

And who by fire, who by water
Who in the sunshine, who in the night time
Who by high ordeal, who by common trial
Who in your merry merry month of May
Who by very slow decay
And who shall I say is calling?

And who in her lonely slip, who by barbiturate
Who in these realms of love, who by something blunt
Who by avalanche, who by powder
Who for his greed, who for his hunger
And who shall I say is calling?

And who by brave assent, who by accident
Who in solitude, who in this mirror
Who by his lady's command, who by his own hand
Who in mortal chains, who in power
And who shall I say is calling?

—Leonard Cohen

B'rosh hashanah yikateivun,
uv'yom tzom kipur yeichateimun,

בְּרֹאשׁ הַשָּׁנָה יִכָּתֵבוּן
וּבְיוֹם צוֹם כִּפּוּר יִחְתַּמּוּן

*On Rosh HaShanah this is written;
on the Fast of Yom Kippur this is sealed:
How many will pass away from this world,
how many will be born into it;
who will live and who will die;
who will reach the ripeness of age,
who will be taken before their time;*

B'rosh hashanah yikateivun,
uv'yom tzom kipur yeichateimun,

בְּרֹאשׁ הַשָּׁנָה יִכָּתֵבוּן
וּבְיוֹם צוֹם כִּפּוּר יִחְתַּמּוּן

*who by fire and who by water;
who by war and who by beast;
who by famine and who by drought;
who by earthquake and who by plague;
who by strangling and who by stoning;
who will rest and who will wander;
who will be tranquil and who will be troubled;
who will be calm and who tormented;
who will live in poverty and who in prosperity;
who will be humbled and who exalted*

B'rosh hashanah yikateivun,
uv'yom tzom kipur yeichateimun,

בְּרֹאשׁ הַשָּׁנָה יִכָּתֵבוּן
וּבְיוֹם צוֹם כִּפּוּר יִחְתַּמּוּן

Ut'shuvah ut'filah utz'dakah
ma-avirin et roa hag'zeirah.

—וּתְשׁוּבָה וּתְפִלָּה וּצְדָקָה
מַעְבִּירִין אֶת רָע הַגְּזֵירָה.

*But through return to the right path,
through prayer and righteous giving,
we can transcend the harshness of the decree*

A Personal Confession

I need to speak these words aloud and to know that the universe hears them.

I get caught in old patterns and paradigms; I am stubborn and hard-headed.

In the last year I have missed the mark more than I want to admit.

Forgive me, Source of all being, for the sin I have sinned before You:

by allowing my body to be an afterthought too often and too easily;

by not walking, running, leaping, climbing, or dancing although I am able;

by eating in my car and at my desk, mindlessly and without blessing;

by not embracing those who needed it, and not allowing myself to be embraced;

by not praising every body's beauty, with our quirks and imperfections;

by letting my emotions run roughshod over the needs of others;

by poking at sources of hurt like a child worrying a sore tooth;

by revealing my heart before those who neither wanted nor needed to see it;

by hiding love, out of fear of rejection, instead of giving love freely;

by dwelling on what's internal when the world is desperate for healing;

by indulging in intellectual argument without humility or consideration;

by reading words of vitriol, cultivating hot indignation;

by eschewing intellectual discomfort that might prod me into growing;

by living in anticipation, and letting anxiety rule me;

by accepting defeatist thinking and the comfortable ache of despair;

by not being awake and grateful, despite uncountable blessings;

by not being sufficiently gentle, with my actions or with my language;

by being not pliant and flexible, but obstinate, stark, and unbending;

by not being generous with my time, with my words or with my being;

by not being kind to everyone who crosses my wandering path.

For all of these, eternal Source of forgiveness:

Help me know myself to be pardoned.

Help me feel in my bones that I'm forgiven.

Remind me I'm always already at-one with You.

Asham'nu. Bagad'nu. Gazal'nu.

אָשָׁמְנוּ, בָּגַדְנוּ, גָּזַלְנוּ,

Dibar'nu dofi.

דִּבַּרְנוּ דּוֹפִי.

He'evinu. V'hir'shanu. Zad'nu. Chamas'nu.

הֶעֱוִינוּ, וְהִרְשָׁעֵנוּ, זָדְנוּ, חֲמָסְנוּ,

Tafal'nu shaker.

טָפַלְנוּ שָׁקֵר.

Ya'atz'nu ra. Kizav'nu. Latz'nu. Marad'nu.

יָעֲצֵנוּ רָע, כִּזְבָּנוּ, לָצָנוּ, מָרַדְנוּ,

Niatz'nu. Sarar'nu. Avinu. Pashanu.

נִאָצָנוּ, סָרַרְנוּ, עָוִינוּ, פָּשַׁעֵנוּ,

Tzarar'nu. Kishinu ofef.

צָרַרְנוּ, קִשִּׁינוּ עֶרְף.

Rashanu. Shichat'nu. Tiav'nu. Ta'inu.

רָשָׁעֵנוּ, שִׁחַתְנוּ, תִּעַבְנוּ, תַּעֲיִנוּ,

Titanu.

תַּעֲתֵעֵנוּ.

We have trespassed; we have dealt treacherously; we have robbed; we have spoken slander; We have acted perversely; we have done wrong; we have acted presumptuously; we have done violence; we have practiced deceit; We have counseled evil; we have spoken falsehood; we have scoffed; we have revolted; we have blasphemed; We have rebelled; we have committed iniquity; we have transgressed; we have oppressed; we have been stiff-necked; We have acted wickedly; we have dealt corruptly; we have committed abomination; we have gone astray; we have led others astray.



Vidui Rabbah — The Long Confession

For these sins, our God, we ask forgiveness:

V'al Kulam

וְעַל כָּל־סָלַח

V'al kulam, elohah s'lichot,

וְעַל כָּל־סָלַח, אֱלֹהִים סְלִיחוֹת,

s'lach lanu, m'chal lanu, kaper lanu!

סָלַח לָנוּ, מָחַל לָנוּ, כַּפֵּר-לָנוּ.

For all these, O God of mercy, forgive us, pardon us, grant us atonement!

Vidui Rabbah — The Long Confession

For these sins, our God, we ask forgiveness:

Al cheit shechatanu l'fanecha
b'ones uvratzon;
v'al cheit shechatanu l'fanecha
b'yodim uvlo yodim.

עַל חֵטָא שְׁחָטָאנוּ לְפָנֶיךָ
בְּאָנָס וּבְרָצוֹן
וְעַל חֵטָא שְׁחָטָאנוּ לְפָנֶיךָ
בְּיֹדַעַיִם וּבְלֹא יוֹדַעַיִם

*The ways we have wronged You under duress and by choice;
and harm we have caused in Your world consciously and unconsciously.*

Al cheit shechatanu l'fanecha
b'chozek yad;
v'al cheit shechatanu l'fanecha
b'zilzul horim umorim.

עַל חֵטָא שְׁחָטָאנוּ לְפָנֶיךָ
בְּחֹזֶק יָד,
וְעַל חֵטָא שְׁחָטָאנוּ לְפָנֶיךָ
בְּזִלְזוּל הוֹרִים וּמוֹרִים

*The ways we have wronged You by abusing our power;
and harm we have caused in Your world through disrespect to parents and teachers.*

Al cheit shechatanu l'fanecha
bivli daat;
v'al cheit shechatanu l'fanecha
b'ritzat raglayim l'hara.

עַל חֵטָא שְׁחָטָאנוּ לְפָנֶיךָ
בְּבִלִי דַּעַת,
וְעַל חֵטָא שְׁחָטָאנוּ לְפָנֶיךָ
בְּרִיצַת רַגְלַיִם לְהָרַע.

*The ways we have wronged You through our thoughtlessness; and harm we have caused
in Your world through impulsive acts of malice.*

Vayomer Adonai
salachti kidvarecha.

וַיֹּאמֶר יְהוָה
סָלַחְתִּי כִּדְבָרְךָ:

And God responded: "I forgive, as you have asked."

”.

Avinu Malkenu

אבינו מלכנו

Avinu malkeinu, sh'ma koleinu

אָבינו מלכנו שְׁמַע קוֹלֵנוּ:

Avinu Malkeinu — hear our voice.

Avinu malkeinu, chatanu l'fanecha.

אָבינו מלכנו חָטֵאנוּ לְפָנֶיךָ:

Avinu Malkeinu, we have strayed and sinned before You.

Avinu malkeinu,
chamol aleinu v'al olaleinu v'tapeinu.

אָבינו מלכנו
חָמוֹל עָלֵינוּ וְעַל עוֹלָלֵינוּ וְטָפְנוּ:

Avinu Malkeinu, have compassion on us and our families.

Avinu malkeinu,
kaleih dever v'cherev v'ra-av mei'aleinu

אָבינו מלכנו
כִּלֵּה דֶבֶר וְחֶרֶב וְרָעַב מֵעָלֵינוּ:

Avinu Malkeinu, remove all sickness, war and hunger from us.

Avinu malkeinu,
kaleih kol tzar umastin mei-aleinu.

אָבינו מלכנו כִּלֵּה כָּל צָר
וּמַשְׁטֵין מֵעָלֵינוּ:

Avinu Malkeinu, halt the reign of those who cause pain and terror.

Avinu malkeinu,
kotveinu b'seifer chayim tovim.

אָבינו מלכנו
כֹּתְבֵנוּ בְּסֵפֶר חַיִּים טוֹבִים.

Avinu Malkeinu, enter our names in the Book of Lives Well Lived.

Avinu malkeinu, chadeish aleinu shanah
tovah.

אָבינו מלכנו חַדֵּשׁ עָלֵינוּ שָׁנָה טוֹבָה:

Avinu Malkeinu, renew for us a year of goodness

Avinu malkeinu,
s'lach um'chal l'chol avonoteinu.

אָבינו מלכנו סְלַח וּמַחֵל
לְכָל עֲוֹנוֹתֵינוּ:

Avinu Malkeinu, forgive and pardon all our transgressions.

Avinu malkeinu,
kot'veinu b'seifer parnasah v'chalkalah.

אָבינו מלכנו
כֹּתְבֵנוּ בְּסֵפֶר פָּרְנָסָה וְכִלְכָּלָה:

Avinu Malkeinu, inscribe us in the book of good livelihood.

Avinu malkeinu,
kot'veinu b'seifer z'chuyot.

אָבינוּ מַלְכֵנוּ
כְּתִיבנוּ בְּסֵפֶר זְכוֹת:

Avinu Malkeinu, inscribe us in the book of meritorious acts.

Avinu malkeinu,
kot'veinu b'seifer s'lichah um'chilah.

אָבינוּ מַלְכֵנוּ
כְּתִיבנוּ בְּסֵפֶר סְלִיחָה וּמַחֲלָה:

Avinu Malkeinu, inscribe us in the book of forgiveness.

Avinu malkeinu,
kabeil b'rachamim uv'ratzon et
t'filateinu.

אָבינוּ מַלְכֵנוּ
קַבֵּל בְּרַחֲמִים וּבְרָצוֹן אֶת תְּפִלָּתֵנוּ:

Avinu Malkeinu, willingly accept our prayers.

Avinu malkeinu,
p'tach sha-arei shamayim litfilateinu.

אָבינוּ מַלְכֵנוּ
פְּתַח שַׁעְרֵי שָׁמַיִם לְתְּפִלָּתֵנוּ:

Avinu Malkeinu, open Heaven's gates to our prayers.

Avinu malkeinu,
aseih l'ma-ancha im lo l'ma-aneinu.

אָבינוּ מַלְכֵנוּ
עֲשֵׂה לְמַעַנְךָ אִם לֹא לְמַעַנֵנוּ:

Avinu Malkeinu, for Your sake if not for our sake.

Avinu malkeinu, choneinu va-aneinu,
ki ein banu ma-asim,
aseih imanu tz'dakah vachessed v'hoshi-
einu.

אָבינוּ מַלְכֵנוּ חֲנֵנוּ וְעֲנֵנוּ
כִּי אֵין בָּנוּ מַעֲשִׂים
עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ:

Avinu Malkeinu, answer us with grace, for our deeds are wanting.
Save us through acts of justice and love.

Torah Service

סדר הוצאת ספר תורה

Ein kamocha va-elohim, Adonai,
v'ein k'ma-asecha.
Malchut'cha malchut kol olamim,
umemshalt'cha b'chol dor vador.

אין כְּמוֹךָ בָּאֱלֹהִים אֲדֹנָי,
וְאֵין כְּמַעֲשֶׂיךָ:
מַלְכוּתְךָ מַלְכוּת כָּל עוֹלָמִים,
וּמַמְשַׁלְתְּךָ בְּכָל דּוֹר וָדוֹר:

Adonai melech, Adonai malach,
Adonai yimloch l'olam va-ed.
Adonai oz l'amo yitein,
Adonai y'vareich et amo vashalom.

יְהוָה מֶלֶךְ, יְהוָה מַלְאָךְ,
יְהוָה יִמְלֹךְ לְעוֹלָם וָעֶד:
יְהוָה עֹז לְעַמּוֹ יִתֵּן,
יְהוָה יְבָרֶךְ אֶת עַמּוֹ בְּשָׁלוֹם.

*There is none like You, Adonai, among the gods, and there are no deeds like Yours.
Your Sovereignty is everlasting, and Your dominion endures through all generations.
Adonai reigns; Adonai reigned, Adonai will reign forever and ever. May God give
strength unto our people; may God bless our people with peace.*

Ki mitziyon teitzei torah,
ud'var Adonai mirushalayim.

כִּי מִצִּיּוֹן תֵּצֵא תּוֹרָה,
וּדְבַר יְהוָה מִירוּשָׁלַיִם.

Baruch shenatan torah
l'amo yisra-eil bikdushato.

בָּרוּךְ שֶׁנָּתַן תּוֹרָה
לְעַמּוֹ יִשְׂרָאֵל בְּקִדְּשָׁתוֹ:

*For Torah will come out of Zion, and the word of Adonai from Jerusalem.
Praised be the One who in Holiness has given the Torah to Israel.*

13 Divine Attributes

Adonai Adonai,
eil rachum v'chanun,
erech apayim,
v'rav chesed ve-emet.
Notzeir chesed la-alafim,
nosei avon vafesha
v'chata-ah, v'nakeih.

שלוש עשרה מדות

יְהוָה יְהוָה
אֵל רַחוּם וְחַנוּן
אֶרֶךְ אַפַּיִם
וְרַב חֶסֶד וְאֱמֶת
נֹצֵר חֶסֶד לְאַלְפִים,
נוֹשֵׂא עוֹן וְפֹשֵׁעַ
וְחַטָּאָה וְנִקְיָה:

Adonai, Adonai, Compassion, and Tenderness,
Patience, Forbearance, Kindness, Awareness,
Bearing love from age to age,
Lifting guilt and Mistakes,
and Making us free.

—David Wolfe-Blank

Sh'ma yisra-eil, Adonai eloheinu,
Adonai echad.

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ
יְהוָה אֶחָד.

Hear O Israel, Adonai is our God, Adonai is One!

Echad eloheinu, gadol adoneinu,
Kadosh v'nora sh'mo.

אֶחָד אֱלֹהֵינוּ. גָּדוֹל אֲדוֹנֵינוּ.
קְדוֹשׁ וְנוֹרָא שְׁמוֹ.

Our God is One; our Ruler is great; awesome and holy is God's name.

Leader:

Gad'lu l'Adonai iti,
un'rom'mah sh'mo yachdav.

גָּדְלוּ לַיהוָה אִתִּי,
וְנִרְוַמְמָה שְׁמוֹ יַחְדָּו.

Magnify Adonai with me, and together let us exalt God's name.

L'cha Adonai hag'dulah
v'hag'vurah v'hatiferet
v'haneitzach v'hahod,
ki chol bashamayim uva-aretz,
l'cha Adonai hamamlachah,
v'hamitnasei l'chol l'rosh.

לְךָ יְהוָה הַגָּדֻלָּה
וְהַגְּבוּרָה וְהַתְּפָאֶרֶת
וְהַנִּצָּח וְהַהוֹד,
כִּי כֹל בַּשָּׁמַיִם וּבָאָרֶץ:
לְךָ יְהוָה הַמַּמְלָכָה
וְהַמִּתְנַשֵּׂא לְכֹל לְרֹאשׁ:

Rom'mu Adonai eloheinu,
v'hishtachavu lahadom raglav,
kadosh hu.

רוֹמְמוּ יְהוָה אֱלֹהֵינוּ
וְהִשְׁתַּחֲווּ לַהֲדוֹם רַגְלָיו,
קְדוֹשׁ הוּא:

Rom'mu Adonai eloheinu,
v'hishtachavu l'har kad'sho,
ki kadosh Adonai eloheinu.

רוֹמְמוּ יְהוָה אֱלֹהֵינוּ
וְהִשְׁתַּחֲווּ לְהַר קִדְשׁוֹ,
כִּי קְדוֹשׁ יְהוָה אֱלֹהֵינוּ:

*Yours, Adonai, is the greatness, the power, the glory, the victory, and the majesty;
for all that is in heaven and earth is Yours. Yours is the Sovereignty, Adonai; You are
supreme. Exalt Adonai our God and bow down to God's footstool; God is holy! Exalt
Adonai our God and bow toward God's holy mountain, for Adonai our God is holy.*

Blessing before Reading the Torah

Bar'chu et Adonai ham'vorach

בְּרַכּוּ אֶת יְהוָה הַמְּבָרָךְ!

Praised be the One to whom our praise is due!

All respond:

Baruch Adonai ham'vorach l'olam va-
ed!

בָּרוּךְ יְהוָה הַמְּבָרָךְ לְעוֹלָם וָעֶד!

Praised be the One to whom our praise is due, now and forever!

Baruch Adonai ham'vorach l'olam va-
ed!

בָּרוּךְ יְהוָה הַמְּבָרָךְ לְעוֹלָם וָעֶד!

Baruch atah Adonai eloheinu melech
ha-olam,

asher bachar banu mikol ha-amim

v'natan lanu et torato.

Baruch atah Adonai, notein hatorah.

Blessed are You, Adonai, our God, Ruler of the infinite, who has chosen us from all peoples by giving us Your Torah. Blessed are You, Adonai, giver of the Torah.

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים

וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.

בָּרוּךְ אַתָּה יְהוָה, נֹתֵן הַתּוֹרָה.

Deuteronomy 30:11-20

כִּי הַמִּצְוָה הַזֹּאת אֲשֶׁר אֲנִי מְצַוְךָ הַיּוֹם לֹא-נִפְלְאָה הוּא מִמֶּךָ וְלֹא-רִחֲקָה הוּא: יֵב לֹא בַשָּׁמַיִם
הוּא הוּא לֹא מֵרָחוֹק מִי יַעֲלֶה-לָנוּ הַשְּׁמַיִמָּה וְיִקְחֶהָ לָנוּ וְיִשְׁמַעְנוּ אֹתָהּ וְנַעֲשֶׂנָּה: יֵב וְלֹא-מֵעֵבֶר לָנוּ
לֹא מֵרָחוֹק מִי יַעֲבֹר-לָנוּ אֶל-עֵבֶר הַיָּם וְיִקְחֶהָ לָנוּ וְיִשְׁמַעְנוּ אֹתָהּ וְנַעֲשֶׂנָּה: יָד כִּי-קָרוֹב אֵלֶיךָ הַדְּבָר
מֵאֵד בְּפִיךָ וּבִלְבָבְךָ לַעֲשׂוֹתוֹ: טו רְאֵה נָתַתִּי לְפָנֶיךָ הַיּוֹם אֶת-הַחַיִּים וְאֶת-הַטּוֹב וְאֶת-הַמָּוֶת וְאֶת-
הָרָע: טז אֲשֶׁר אֲנִי מְצַוְךָ הַיּוֹם לֵאמֹר אֶת-יְיָ אֱלֹהֶיךָ לִלְכֹּת בְּדַרְכָּיו וּלְשַׁמֵּר מִצְוֹתָיו וְחֻקֹּתָיו
וּמִשְׁפָּטָיו וְחֵייתָ וְרַבִּיתָ וּבִרְכָּךָ יְיָ אֱלֹהֶיךָ בְּאֶרֶץ אֲשֶׁר-אַתָּה בָּא-שָׁמָּה לְרִשְׁתָּהּ: יז וְאִם-יִפְגַּע
לְבָבְךָ וְלֹא תִשְׁמָע וְנִדְחִיתָ וְהִשְׁתַּחֲוִיתָ לְאֱלֹהִים אֲחֵרִים וְעַבַּדְתָּם: יח הִגַּדְתִּי לָכֶם הַיּוֹם כִּי אֲבֹד
תֵּאבְדוּן לֹא-תִאָּרִיכוּ יָמִים עַל-הָאָדָמָה אֲשֶׁר אַתָּה עֹבֵר אֶת-הַיַּרְדֵּן לְבוֹא שָׁמָּה לְרִשְׁתָּהּ:
יט הִעַדְתִּי בְכֶם הַיּוֹם אֶת-הַשָּׁמַיִם וְאֶת-הָאָרֶץ הַחַיִּים וְהַמָּוֶת נָתַתִּי לְפָנֶיךָ הַבְּרָכָה וְהַקְלָלָה
וּבִחַרְתָּ בַחַיִּים לַמָּוֶת תַּחְתֶּיהָ אֹתָהּ וְנִרְעָה: כ לֵאמֹר אֶת-יְיָ אֱלֹהֶיךָ לְשַׁמֵּעַ בְּקוֹלְךָ וּלְדַבְּקָה-בּוֹ כִּי
הוּא חַיִּיךָ וְאֶרֶץ יְמֶיךָ לְשִׁכּוֹת עַל-הָאָדָמָה אֲשֶׁר נִשְׁפַּע יְיָ לְאַבְרָהָם לְאַבְרָהָם לְיִצְחָק וּלְיַעֲקֹב לְתַת
לָהֶם:

¹¹ For this mitzvah, which I command you this day, is neither beyond you nor far away. ¹² It is not in heaven, causing you to say: “Who will go up to heaven on our behalf, get it for us, and let us hear it, that we may do it?” ¹³ And it is not across the sea, causing you to say: “Who will cross the sea on our behalf, get it for us, and let us hear it, that we may do it?” ¹⁴ No, this is so very near to you—in your mouth and in your heart—that you can surely do it. ¹⁵ Behold, this day I place before you life and well-being, death and hardship, ¹⁶ in that I command you this day to love Adonai and walk in the ways of your God—to observe the mitzvot, laws, and judgments—so you may live and flourish, blessed by Adonai your God in the land that is about to be yours. ¹⁷ But if you turn away, refusing to listen—and, going astray, bow down to other gods and serve them—¹⁸ I tell you now: you will perish; yes, you will perish. And you will not last long in the land you are crossing the Jordan to possess. ¹⁹ This day I call heaven and earth to witness regarding you: life and death I have set before you, blessing and curse. Choose life—so that you and your children may live—²⁰ by loving, obeying, and staying close to Adonai your God. For God gives you life and length of days to dwell upon the land that Adonai swore to your ancestors Abraham, Isaac, and Jacob.

Blessing after Reading the Torah

Baruch atah Adonai eloheinu melech
ha-olam, asher natan lanu torat emet,
v'chayei olam nata b'tocheinu.
Baruch atah Adonai, notein hatorah.

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת
וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ.
בָּרוּךְ אַתָּה יְהוָה, נוֹתֵן הַתּוֹרָה.

Blessed are You, Adonai, our God, Ruler of the infinite, who has given us a Torah of truth, planting within us eternal life. Blessed are You, Adonai, giver of the Torah.

For Those In Need Of Healing

Mi sh'beirach avoteinu

M'kor ha-brachah l'imoteinu

מִי שֶׁבֵּרַךְ אֲבוֹתֵינוּ
מִקּוֹר הַבְּרָכָה לְאִמּוֹתֵינוּ

May the source of strength
who blessed the ones before us,
help us find the courage
to make our lives a blessing,
and let us say: Amen.

Mi sh'beirach imoteinu

M'kor ha-brachah l'avoteinu

מִי שֶׁבֵּרַךְ אִמּוֹתֵינוּ
לְאֲבוֹתֵינוּ הַבְּרָכָה מִקּוֹר

Bless those in need of healing
with refu'ah sh'leimah,
the renewal of body, the renewal of spirit
and let us say: Amen.

—Debbie Friedman and Drorah Setel

When the Torah is lifted say:

V'zot hatorah asher sam mosheh

lifnei b'nei yisra-eil,

al pi Adonai b'yad mosheh

וְזֹאת הַתּוֹרָה אֲשֶׁר שָׂם מֹשֶׁה
לִפְנֵי בְנֵי יִשְׂרָאֵל,
עַל פִּי יְהוָה בְּיַד מֹשֶׁה.

*This is the Torah that Moses placed before the people of Israel,
as given to Moses by God.*

Returning the Torah to the Ark

סדר הכנסת ספר תורה

(The ark is opened)

(The Torah Scroll is placed in the Ark)

Eitz chayim hi lamachazikim bah,

v'tom'cheha m'ushar.

D'racheha darchei noam,

v'chol n'tivoteha shalom.

Hashiveinu Adonai eilecha v'nashuvah,

chadeish yameinu k'kedem

עֵץ חַיִּים הִיא לַמַּחְזִיקִים בָּהּ

וְתִמְכֶּיהָ מֵאֲשָׁר.

דַּרְכֶּיהָ דַּרְכֵי נֹעַם

וְכָל נְתִיבֶיהָ שָׁלוֹם.

הַשִּׁיבֵנו יְהוָה אֵלֶיךָ וְנָשׁוּבָה.

חַדֵּשׁ יָמֵינוּ כְּקֶדֶם:

Behold, a good guideline has been given you, My Torah; do not forsake it. It is a tree of life to those who hold fast to it, and all of its supporters are happy. Its ways are ways of pleasantness, and all its paths are peace. Help us to return to You, Adonai; then truly shall we return. Renew our days as of old.

Prayer for Our Country

God of holiness, we hear Your message: Justice, justice you shall pursue. God of freedom, we hear Your charge: Proclaim liberty throughout the land. Inspire us through Your teachings and commandments to love and uphold our precious democracy. Let every citizen take responsibility for the rights and freedoms we cherish. Let each of us be an advocate for justice, an activist for liberty, a defender of dignity. And let us champion the values that make our nation a haven for the persecuted, a beacon of hope among the nations.

May our actions reflect compassion for all people, within our borders and abroad. May our leaders and officials embody the vision of our founders: to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity.

We pray for courage and conscience as we aim to support our country's highest values and aspirations: the hard-won rights that define us as a people, the responsibilities that they entail.

We pray for all who serve our country with selfless devotion — in peace and in war, from fields of battle to clinics and classrooms, from government to the grassroots: all those whose noble deeds and sacrifice benefit our nation and our world.

We are grateful for the rights of Life, Liberty, and the pursuit of Happiness that our founders ascribed to You, our Creator. We pray for their wisdom and moral strength, that we may be guardians of these rights for ourselves and for the sake of all people, now and forever.

Prayer for Our Congregation

Eternal Presence, who blessed our mothers and fathers,
bless this holy congregation — a house of study, prayer, and righteous deeds.
Together we give thanks . . .

For our leaders:

those who learn, teach, and uphold the Torah,
inspiring others to learn, teach, and uphold the Torah;
those who do the sacred work of building our community.
May their service bring them joy, fulfillment, and purpose;
and may they go from strength to strength.

For our members:

diverse in age, interest, and background;
Jews by birth, Jews by choice,
and those of other faiths who join with us;
all who offer their time and talent,
their love and commitment.

For all who come here, on this holy day of Yom Kippur,
to share the search for meaning and renewal:

Your presence is a blessing, your friendship a gift.

May the spirit of peace, dignity, and respect live within these walls,
inspiring us to care for one another with compassion;
and may we be a source of goodness, light, and healing for the world.

May the One who blessed the generations before us

bless us as we stand together this day:

one congregation joined with all Jewish communities of the world
through our prayers on this Day of Atonement.

Let us renew ourselves for the year ahead.

Let us honor the precious legacy that is ours.

Prayer for Our Congregation

Prayer for the State of Israel

Avinu — You who are high above all nation-states and peoples —
Rock of Israel, the One who has saved us and preserved us in life,
bless the State of Israel, first flowering of our redemption.
Be her loving shield, a shelter of lasting peace.
Guide her leaders and advisors by Your light of truth;
instruct them with Your good counsel.
Strengthen the hands of those who build and protect our Holy Land.
Deliver them from danger; crown their efforts with success.
Grant peace to the land,
lasting joy to all of her people.
And together we say: Amen.